

OCTOBER
2025

HATTON NEWS



DIARY DATES

06/11/25 - FOHA Lazermaze
11/11/25 - Armistice Day
13/11/25 - Sixth Form Open Evening
25/11/25 - Flu Vaccinations
04/12/25 - Year 7 Parents Evening
09/12/25 - FOHA Film Night

TERM DATES

24/10/25 - Teacher Training Day
24/10/25 - Academy Closes
03/11/25 - Academy Re-opens
19/12/25 - Academy Closes
05/01/26 - Teacher Training Day
06/01/26 - Academy Re-opens

TRIPS

09/11/25 - CCF Remembrance
Parade
12/11/25 - DEI Conference

MESSAGE TO PARENTS & CARERS

We are delighted with how well our students have settled into the new academic year. Their resilience, determination, and positive attitude towards learning have been exemplary, and it has been a pleasure to see them embracing the opportunities and challenges that come with a new term. The sense of excellence and pride in our classrooms and around the Academy is a true reflection of their hard work.



As we move through the term, there are many opportunities ahead for students to demonstrate their teamwork and community spirit beyond the classroom. From House competitions to the wide range of extra-curricular activities, these experiences help our young people develop not only their skills, but also the personal qualities that define them as Hatton students.

This month, we are especially proud to support "Wear It Pink" Day on Thursday 23rd October. Organised by our Youth Social Action Group, this initiative raises awareness and funds for Breast Cancer Awareness Month while also supporting the local charity Niamh's Next Step. It is inspiring to see our students showing such compassion and citizenship as they lead this event and work together to make a difference in both our local and wider communities.

Thank you for your continued support in helping to make the start of this academic year such a positive one. Together, we can ensure every student continues to grow in confidence, character, and achievement throughout the year ahead.

Best wishes,
Mr Mitchell & Mr Salisbury

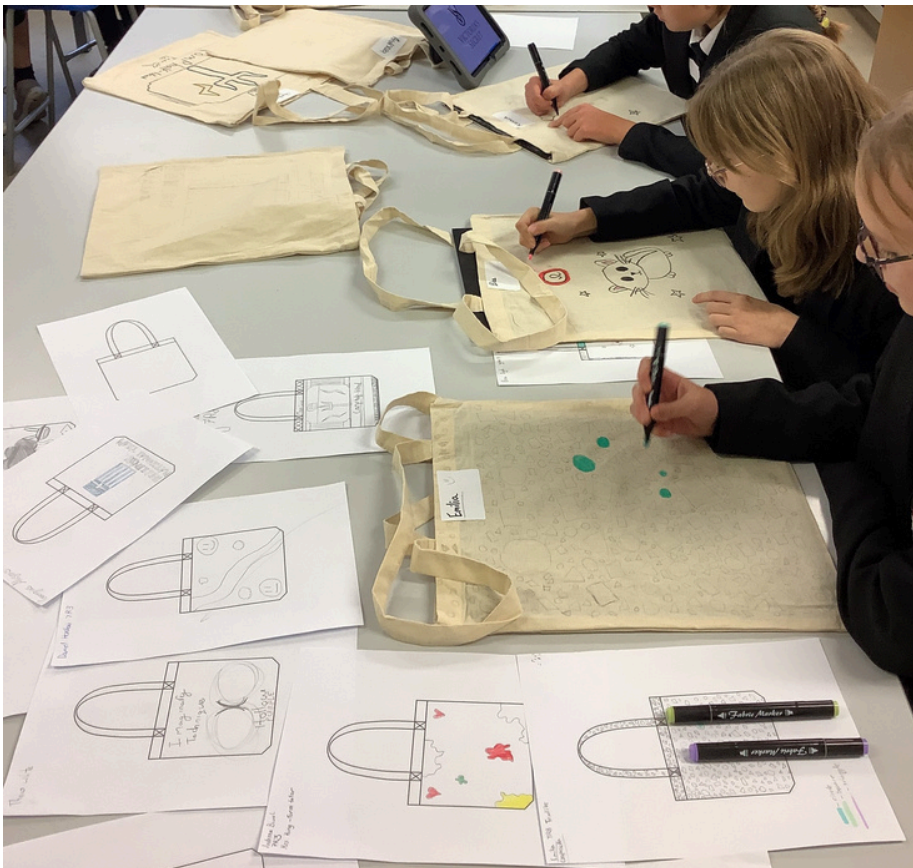
TEXTILES



Year 8 Textiles have been learning about the ancient art of Batik, layering hot wax and dye to create Indonesian inspired designs. The results are a stunning celebration of colour, pattern and creativity.

Creative Threads in Textiles Club

Our Textiles Club has been buzzing with creativity since the start of term, with 20 students from Years 7, 8, 10, 12, and 13 taking part. This term, students have been designing and decorating their own tote bags using hand embroidery, fabric pens, and paints to create unique designs. Our Sixth Form students have also been working on independent projects while supporting younger members with their creations. It's been wonderful to see such teamwork and talent in action!



WEAR IT PINK

On Thursday 23rd October, students at Sir Christopher Hatton Academy will be taking part in Wear It Pink Day, a nationwide initiative to raise awareness and funds for Breast Cancer Awareness Month.

This event is being organised by the Youth Social Action Group, as part of the Flourishing Leaders programme. The group will be promoting the cause, collecting donations, and leading the school community in a week of compassionate action and fundraising.

Students are invited to wear something pink, from a full outfit to a simple accessory, in return for a £1 donation. Contributions can be made via ParentPay or brought in as cash, which will be collected by the Youth Social Action Group during morning tutor time.

Why we're raising money

Breast cancer remains the most common cancer in the UK, especially among women.

- Around 55,000 women and 400 men are diagnosed every year.
- Approximately 11,500 women and 85 men sadly die from the disease annually.
- However, thanks to research and improved awareness, survival rates have doubled in the last 40 years.

This is why events like Wear It Pink are so important, to fund vital research, improve early detection, and provide care and support to those affected.

Supporting Local: Niamh's Next Step (Wellingborough)

This year, the Youth Social Action Group has also chosen to support a local Wellingborough charity, Niamh's Next Step. Niamh's Next Step works to raise awareness of neuroblastoma, a rare childhood cancer, and funds research into finding a cure. They also provide practical and emotional support for children and families facing unimaginable challenges. You can find out more at nns.org.uk. By donating on Wear It Pink Day, our school community will be helping to make a difference, not only nationally, but also right here in Wellingborough.

Key Information

- Date: Thursday 23rd October
- Theme: Wear something pink (non-uniform day)
- Donation: £1 via ParentPay or cash
- Collection: During morning tutor time by the Youth Social Action Group

We're proud of our students for taking the lead, and we look forward to a sea of pink in the corridors on the final day of term!

COMMUNICATION



MEETING WITH ACADEMY STAFF

Now that we have all settled into the new academic year, we would like to remind parents of the importance of following our school's protocol when it comes to visiting the Academy site.

We kindly ask that you always make an appointment before visiting the Academy. This will ensure we can provide you with the best possible service and that your needs are met in the most efficient way possible. Going forwards, any parent/carer who turns up at the Academy outside of their appointment time, or unannounced will be asked to make an appointment.

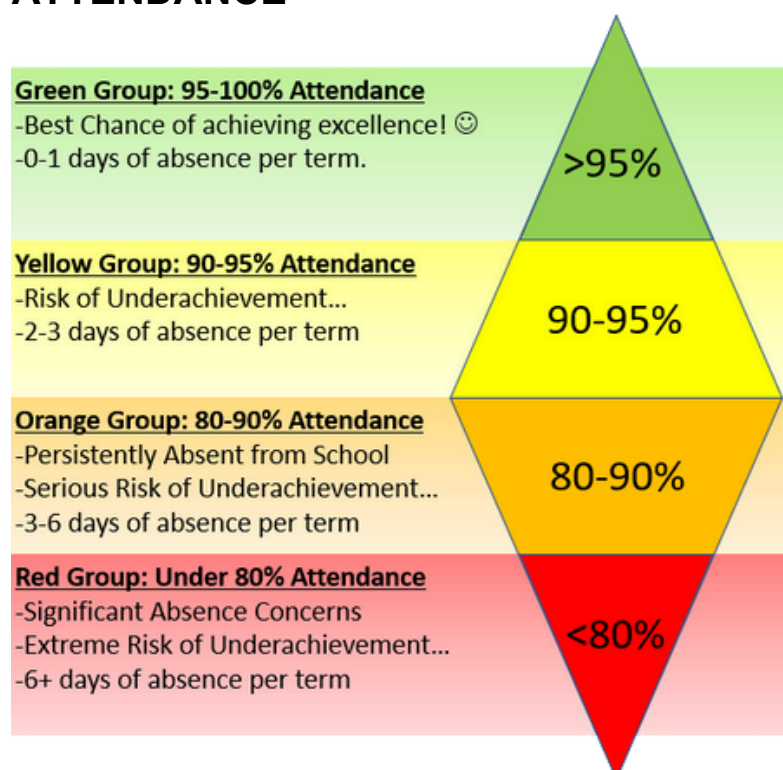
Our priority is always the safety and well-being of our students, and we must adhere to strict safety protocols to maintain this. By booking an appointment, we can ensure that everyone is aware of your visit, and measures can be taken to keep everyone safe.

NEED ASSISTANCE ?

Your child's form tutor should always be the first person to contact in case you have any questions or concerns. They will be able to provide you with guidance and support when needed and will also direct you to the appropriate staff member should you require further assistance.

Form tutors contact details can be located on the Academy Website [here](#).

ATTENDANCE



We have reviewed our attendance processes for illness absence which has included consideration of NHS advice (such as that found here: [Is my child too ill for school? - NHS](#)); and the Academy will not automatically authorise absence for all types of illness as previously. The NHS view is that children are able to attend school with, for example, sore throats, minor headaches, coughs and colds and other minor illnesses by taking sensible control measures such as drinking plenty of fluids and regular hand-washing. The judgement as to whether your child is too ill to attend school or not will remain yours and we will consider authorising absence for minor illnesses in exceptional circumstances e.g., a child with a suppressed immune system due to an underlying health condition.

These changes bring us in line with the other academies within our Trust and many other secondary academies within North Northamptonshire and will support our attendance drive in 2025/26 and beyond.



DO YOU KNOW YOUR LABOUR MARKET INFORMATION? WHERE ARE THE JOBS IN NORTHAMPTONSHIRE? #HATTONCAREERSANDCHARACTER

These are the facts..

- Northamptonshire has a growing demand in health and social care, logistics, green industries, construction, and digital technology.
- Local employers consistently highlight the need for skills in STEM (science, technology, engineering, maths), as well as communication, teamwork, and resilience.
- By 2030, it's predicted that over 50% of new jobs in the region will be in health, logistics, and the digital/green sectors.

Why does this matter?

Your child is growing up in a fast-changing world of work. The career pathways they consider today should connect with where the future opportunities will be. Understanding local Labour Market Information (LMI) ensures students make informed choices about subjects, work experience, and post-16 or post-18 destinations.

How this shapes your child's future

At Hatton, we use the **Gatsby Benchmarks** — the national framework for good careers education — to make sure every student has encounters with employers, receives personal guidance, and understands the labour market. Tools like **Unifrog** give students access to up-to-date job market data, career profiles, and pathways into university, apprenticeships, and work.

The more your child understands about the local economy, the better equipped they are to choose options that open doors to real opportunities.

How You Can Support Your Child at Home

- **Year 7–8** – Encourage curiosity. Explore career quizzes on Unifrog together and talk about the jobs that interest them — no choice is too early to discuss. www.unifrog.org (all students have a login – their Hatton email address and a password that has been emailed to their Hatton email accounts)
- **Year 9** – Support them with GCSE option choices. Look at which subjects link to growth sectors like health, digital, or green industries. Discuss how subject combinations keep pathways open.
- **Year 10** – Encourage reflection on work experience and extracurricular activities. Ask them what skills they're developing and how these might apply to future jobs.
- **Year 11** – Help them compare sixth form, college, and apprenticeship routes. Look at entry requirements and course content together on Unifrog.
- **Year 12** – Explore careers and university/apprenticeship pathways in depth. Encourage them to attend open days and ask about links to local employers.
- **Year 13** – Support with applications (UCAS, apprenticeships, or jobs). Use Unifrog to explore progression routes and check entry requirements together.

Check out the careers section of the Academy Website for links and support: [Careers, Work Related Learning & Enterprise - Sir Christopher Hatton Academy](#)



DID YOU KNOW... WEATHERBYS IN WELLINGBOROUGH MAKES HORSE PASSPORTS? #HATTONCAREERSANDCHARACTER

These are the facts...

- Weatherbys, based here in Wellingborough, is a world-renowned printing and administrative company specialising in the Horse Racing industry.
- As well as providing the governance and administration for British horse racing, they produce secure documents like horse passports — vital for animal welfare, biosecurity, and international transport.
- Careers at Weatherbys go far beyond printing — they include administration, IT, cyber security, design, customer services, marketing, finance and data management.

Why does this matter?

Weatherbys shows how a traditional business based around Horse racing and printing has diversified into global, high-security, and specialist services. Students can see how skills in business, IT, and design open doors into a unique, world-class employer right on our doorstep.

How this shapes your child's future

This year, 12 of our Year 10 students will have the opportunity to complete a work experience project with Weatherbys. They will learn how an international organisation operates, gain exposure to careers they may never have considered, and develop transferable skills in teamwork, problem-solving, and communication.

Local training routes include:

- Northampton College – courses in business, IT, and design that lead into print/admin roles.
- Starting Off – apprenticeships in administration, customer service, and business support (including links with Weatherbys).
- BPIF - industry backed printing based apprenticeships (an area that Weatherbys will actively seeking to recruit for)
- University of Northampton – business, IT, and creative degrees aligned to this sector.

How You Can Support Your Child at Home

- **Year 9** – Talk about how careers can be unexpected — Weatherbys is about horses and printing, but needs skills in IT, business, and customer service.
- **Year 10** – If your child is part of the Weatherbys' project, ask what they learned about the industry. Encourage them to reflect on the skills they practised.
- **Year 11** – When exploring post-16 routes, compare how different courses (business, IT, design) could lead into secure print or administration careers.
- **Year 12–13** – Encourage exploration of apprenticeships or degrees that connect administration, business, or IT to specialist industries like sport or print.

Weatherbys shows that careers can be both local and global, combining tradition with innovation — and offering our students a real taste of the working world.

HATTON DINER

The Academy currently operates with three catering outlets:

- Hatton Diner - located in the Heart of Hatton, which offers a wide range of breakfast, lunch and snack options.
- Breezhill Cafe - which offers a selection of sandwiches, snacks and drinks.
- Hatton Bites - located near A Block undercover area, offering hot and cold snacks to eat on the go.

Please find the menus below for information.

WEEK 1 MENU

W/C 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

EXTRA OPTIONS
AS PRICED

Hot Breakfast

£1.50 for 3 items
£1.80 for 4 items
includes Sausage, Bacon,
Hash brown and Beans.

Bacon/Sausage Bap £2.15
Porridge Pots £1.45
Breakfast Croissants/
Pain au Chocolat 95p

Hot Options

Jacket Potatoes (plain) 90p
with two fillings £2.15

Pasta plain 75p
with sauce £1.90
with cheese 45p

	CHOICE ONE £2.80	CHOICE TWO £2.80
MON	Chicken Tikka and Pilau Rice	Vegan balls and Spaghetti
TUES	Sausages & Creamed Potatoes	Vegetarian Sausages & Creamed Potatoes
WED	Roast Chicken & Yorkshire Pudding	Quorn Fillet & Yorkshire Puddings
THUR	Beef Lasagne and Garlic Bread	Sweet Potato Balti and Rice
FRI	Battered Fish & Chips	Bagel Pizza and Chips

All allergen information is available in each outlet - just ask a member of staff if you have any questions about allergens in our food. All of our staff are trained to assist with information regarding the food being served in our outlets. Alternatively you can get in touch with our Catering Manager at CateringDepartment@hattonacademy.org.uk

WEEK 2 MENU

W/C 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec

EXTRA OPTIONS
AS PRICED

Hot Breakfast

£1.50 for 3 items
£1.80 for 4 items
includes Sausage, Bacon,
Hash brown and Beans.

Bacon/Sausage Bap £2.15
Porridge Pots £1.45
Breakfast Croissants/
Pain au Chocolat 95p

Hot Options

Jacket Potatoes (plain) 90p
with two fillings £2.15

Pasta plain 75p
with sauce £1.90
with cheese 45p

	CHOICE ONE £2.80	CHOICE TWO £2.80
MON	Chicken Chow Mein	Vegetable Chow Mein
TUES	Creamy Chicken Cajun Pasta	Vegetable Lasagne
WED	Roast Gammon & Yorkshire Pudding	Quorn Sausage & Yorkshire Pudding
THUR	Beef Chilli Boat	Macaroni Cheese
FRI	Fish and Chips	Spicy Bean Burger & Chips

All allergen information is available in each outlet - just ask a member of staff if you have any questions about allergens in our food. All of our staff are trained to assist with information regarding the food being served in our outlets. Alternatively you can get in touch with our Catering Manager at CateringDepartment@hattonacademy.org.uk

WEEK 3 MENU

W/C 15th Sept, 6th Oct, 17th Nov, 8th Dec

EXTRA OPTIONS
AS PRICED

Hot Breakfast

£1.50 for 3 items
£1.80 for 4 items
includes Sausage, Bacon,
Hash brown and Beans.

Bacon/Sausage Bap £2.15
Porridge Pots £1.45
Breakfast Croissants/
Pain au Chocolat 95p

Hot Options

Jacket Potatoes (plain) 90p
with two fillings £2.15

Pasta plain 75p
with sauce £1.90
with cheese 45p

	CHOICE ONE £2.80	CHOICE TWO £2.80
MON	Chicken Katsu Curry and Rice	Veggie Burritos
TUES	Bolognese Pasta Bake	Frittata
WED	Roast Beef & Yorkshire Pudding	Cheese and Bean Puff
THUR	Chicken & Chorizo Spicy Rice	Cheese & Potato Pie
FRI	Fish Fingers & Chips	Vegetable Fingers & Chips

All allergen information is available in each outlet - just ask a member of staff if you have any questions about allergens in our food. All of our staff are trained to assist with information regarding the food being served in our outlets. Alternatively you can get in touch with our Catering Manager at CateringDepartment@hattonacademy.org.uk

SNACKS, DESSERTS & DRINKS

BREAK & LUNCH SELECTION
Served at all outlets

Sausage Roll	£1.50
Hudson's Hot Dogs	£2.10
Vegan Sausage Roll	£1.50
Toasted Sandwiches	£1.90
Bacon bap	£1.50
Panini's	£2.15
Waffles	£0.90
Hash Browns	35p x1/90p x3
Chicken Nuggets	£1.50

COLD DELI
Served at all outlets

Wraps	£2.15
Sandwich Selection	£1.90
Large Baguette	£2.15
Salads	from £1.90-£2.20
Pasta Salad	£2.00
Burger	£2.05
Chicken Burger	£2.05
Pizza Twist	£2.15

DESSERTS
Served at all outlets

DONUT worry be happy	£1.50
Jelly Pots	£1.00
Mousse Pots	£1.05
Cheese Cake	£1.20
Fresh Fruit	£0.75
Fresh Fruit Pots (Large)	£1.10
Fresh Fruit Pots (Small)	£0.85
Cakes & Tray bakes	from £0.95
Brownie Bites	£1.05

DRINKS
Served at all outlets

Radnor Splash	£1.10
Radnor Fizz	£1.10
Calyppo cartons	£0.55
Capri Sun	£0.95
Water	£0.90
Viva Flavoured Milk	£0.85
Juice Burst	£1.55
Slush	£1.20

AVAILABLE DAILY

Jacket Potatoes £1.00 plain
£2.00 +2 fillings
Pasta and sauce £1.90
with cheese 45p

MEAL DEAL
£2.80

Choice of sandwich,
piece of fruit/small
fruit pot and a drink
of your choice

HOT MEAL OF THE DAY OR MEAL DEAL

Available on free school meal daily allowance.

All allergen information is available in each outlet - just ask a member of staff if you have any questions about allergens in our food. All of our staff are trained to assist with information regarding the food being served in our outlets. Alternatively you can get in touch with our Catering Manager at CateringDepartment@hattonacademy.org.uk. Please note, menus may be subject to change.

FOOD ALLERGIES AND INTOLERANCES

Whilst our dishes are prepared in environments that are not totally free from allergen ingredients, our hygiene practices are designed to reduce the risk of contamination. If there are any concerns regarding the allergens in food, please speak to the catering team who are happy to assist.

We have a number of students and staff at the Academy who have severe allergies to nuts. It is imperative that there is a strict avoidance of this food in order to prevent a life-threatening allergic reaction. We ask that students and staff do not bring nuts into school to support our safe school environment.

NETBALL

Our Netball teams have been busy competing in their District League fixtures, with a mixed set of results so far. The teams showed great determination, securing impressive wins against Manor and Rushden, while narrowly missing out against Wollaston and Ferrers. Next, they'll take on Huxlow before finishing the league with matches against Weavers and Wrenn.

A special mention goes to our Year 9 team, who are currently undefeated, celebrating victories over Manor, Rushden, Wollaston, and Ferrers! Their teamwork and consistency have been outstanding.

We're also thrilled to announce that our Key Stage 4 team has progressed to the next round of the League Cup, a brand-new competition introduced this year. A fantastic achievement, well done to all the players and staff involved!

Good luck to all teams in their upcoming fixtures!

FOOTBALL TICKETS

The England Lionesses U23s Are Coming to Sixfields!

We're excited to share that the England Lionesses U23 team will be playing Portugal U23 right here in Northampton at Sixfields Stadium on Monday 27th October.

 Date: Monday 27th October

 Kick-off: 7:00pm

 Venue: Sixfields Stadium, Northampton

As a special offer, parents and carers can purchase tickets for just £5 and receive one free U16 ticket when booking in the LCS East Stand using the code SCH1901.

How to book:

Visit ntfcdirect.co.uk and enter code SCH1901 at checkout.

Don't miss this fantastic opportunity to see the next generation of Lionesses in action and enjoy an evening of top-quality football right on our doorstep!



AUTUMN 2025/26

Our extra-curricular activities are updated regularly and can viewed on our website [here](#).

ACTIVITY	YEAR GROUP	TIMING	LOCATION	Teacher
MONDAY				
String Group	By Invitation	12.30pm to 12.50pm	PA2	Ms N Billett
Home Work Club	By Invitation	3 pm to 4 pm	B1	Mrs M Murphy
Homework After School	Y7 to Y11	3 pm to 4 pm	Library	Mrs Evans
Netball Club	All Years	3.15 pm to 4.15pm	PE	Mrs C Bevan
Boy's Football Club	Y9/Y10/Y11	3.15 pm to 4.15 pm	PE	Mrs C Bevan
TUESDAY				
Textiles Club	Y7/Y8	Lunch Time	C4	Mrs E King
Homework After School	Y7 to Y11	3 pm to 4 pm	Library	Mrs Evans
Home Work Club	By Invitation	3 pm to 4 pm	B1	Mrs M Murphy
Musical Theatre Choir	By Invitation	3.10pm to 3.40pm	PA3	Ms N Billett
Extended Maths Certificate	Y11	3.10pm to 4.10pm	A23	Miss A Thompson

ACTIVITY	YEAR GROUP	TIMING	LOCATION	Teacher
CCF	Y9/Y10/Y11/VI Form	3.10pm to 5pm	Netball Courts/Backfield	Miss T Austin
WEDNESDAY				
Woodwind Ensemble	By Invitation	12.15pm to 12.45pm	PA2	Ms N Billett
KS3 Art Club	Y7/Y8/Y9	Lunch Time	B3	Mr J Panther
Homework After School	Y7 to Y11	3 pm to 4 pm	Library	Mrs Evans
Home Work Club	By Invitation	3 pm to 4 pm	B1	Mrs M Murphy
Science Club	Y7/Y8	3.10 pm to 4.10 pm	Science Department	Mrs S Legassick
THURSDAY				
Brass Band	By Invitation	12.15pm to 12.55pm	PA3	Ms N Billett
Homework After School	Y7 to Y11	3 pm to 4 pm	Library	Mrs Evans
Home Work Club	By Invitation	3 pm to 4 pm	B1	Mrs M Murphy
Girl's Football Club	All Years	3.15pm to 4.15pm	PE	Mrs C Bevan
Science Drop In KS4/KS5	By Invitation only	3.10pm to 4.10pm	C1	Mr K Naran
FRIDAY				
DT Activities	Y7/Y8	Lunch Time	C8	Miss J Sherry/ Mr S Rowley



WELFARE SUPPORT @ SCHA

You may not be aware that we have a dedicated Welfare Team working alongside the wider pastoral team at the Academy. Students are made aware during assemblies of who this team is, what their role is, and how to access them in school. We felt that it was just as important that you, as parents and carers, are also aware of the vital support available to you and how you can access it. Please pick up the phone, drop us an email, or arrange a meeting if you feel that there is anything we should be aware of or can support with.



The Welfare Team, based in B6 in our Learning Support Zone, is a one-stop-shop for support for our students and their families.

Whether it is mental health concerns, healthy eating worries, difficulties with addiction (including vaping), or worries about community risks we have access to agencies and interventions that can support with this.

For parents and carers struggling with challenging behaviour at home, in need of advice on keeping their children safe, or seeking signposting to support for their own needs we are here for you.



We know that the cost of living is still high and causing difficulties for families. Please note that there is support available for families from the Welfare Team: we are able to complete a referral for food bank vouchers from the local food bank. Please reach out to us if you require this support.

“PLEASE PICK UP THE PHONE, DROP US AN EMAIL, OR ARRANGE A MEETING IF YOU FEEL THAT THERE IS ANYTHING WE SHOULD BE AWARE OF OR CAN SUPPORT WITH”

WHAT KINDS OF THINGS CAN YOU HELP WITH?

Don't suffer in silence – even if we can't help you directly we are likely to be able to signpost you to an agency that can. Please note that for some concerns that are brought to our attention we have a statutory duty to make a referral to Northamptonshire Children's Trust for additional support:

Students: support, signposting and referrals:

Online safety; mental health; sexual health; sleeping difficulties; LGBTQIA+ support; impacts of parental separation; domestic abuse support; trauma support; bereavement support; protective behaviours; anger management; drug or alcohol use; smoking/vaping; healthy eating; gang involvement; community risk; victims of crime support; support for young carers; advice on healthy living and fitness; and many more.

Parents/carers: support, signposting and referrals:

Food bank vouchers; domestic abuse; online safety advice; adult mental ill-health; adult substance addiction including alcohol; parenting support and advice; managing challenging behaviours at home (including child to parent violence); SEND support and advice (in partnership with the Academy's SEND team); support for parenting previously looked after children; victims of crime support; and many more.



External Agency Focus: Service 6

Service 6 is a local charity providing free youth counselling and online safety sessions for our students. Sessions can take place in school or at their premises in Wellingborough. Reach out to the welfare team for more information or to request that we make a referral for your child.



Mr Shackleton is also the Academy's online safety lead who leads on initiatives to keep your children safe online. Look out for the upcoming online safety newsletter or access our online safety page for further information:

<https://www.hattonschool.org.uk/page/?title=Online+Safety&pid=239>



Mr Shackleton
Vice
Principal:
Safeguarding
Lead



Ms Pereira
Deputy
Safeguarding
Lead



Mrs Balment
Wellbeing and
Welfare
Support
Officer



Mrs Nicholls
Attendance
Officer

"Don't suffer in silence – even if we can't help you directly we are likely to be able to signpost you to an agency that can."



Website:

<https://www.hattonschool.org.uk/page/?title=Safeguarding&pid=186>



Contact:

01933 226077

(Ask for the Welfare Team)



Email:

safeguarding@hattonacademy.org.uk

HALLOWEEN XPLORER

Halloween Xplorer is a family friendly navigation challenge that is educational and fun and gives children a sense of adventure as they explore the park to find markers.

HALLOWEEN 2025 EVENTS

FANCY DRESS WELCOME



- MONDAY 27 OCTOBER 1-3PM**
Wellingborough, Swanspool Gardens (NN8 1BP)
- TUESDAY 28 OCTOBER 1-3PM**
Rushden, Hall Park (NN10 9ES)
- WEDNESDAY 29 OCTOBER 1-3PM**
Corby, Kingswood Neighbourhood Centre Green area behind Centre (NN10 9JU)
- WEDNESDAY 29 OCTOBER 1-3PM**
Thrapston, Peace Park (NN14 4JU)
- THURSDAY 30 OCTOBER 1-3PM**
The Green Patch (NN16 0LU)
- FRIDAY 31 OCTOBER 1-3PM**
Twywell Hills and Dales (NN14 4DZ)

FREE TO JOIN
NO NEED TO BOOK

FOR MORE INFORMATION CONTACT: activefamilies@northnorthants.gov.uk
WWW.XPLORER.ORG.UK



iDiscover offers a range of free and fun activities, resources and information for children and young people.

SIGN UP →





PARTICIPATION AND CO-PRODUCTION GROUPS

PARTICIPATION & CO-PRODUCTION CHILDREN & YOUNG PEOPLE'S SERVICES

DREAMING OF BETTER SLEEP?

Have you ever struggled with your sleep routine? Are you ready to break the cycle? Join us on this practical workshop to discover techniques to help you sleep.



CALM KIT

Ever wanted a personalised kit to help manage stress, anxiety, and overwhelming emotions? This is the workshop for you!



ACCESSING SERVICES

Feel more confident about what health and community services are available and how to access them to meet your needs.



ONLINE SAFETY

Do you use social media? Do you enjoy going online? Are you a gamer? Join us to explore how you can keep yourself safe from CYBER PUNKS!



SIGN UP →






Participation@nhft.nhs.uk
www.nhft.nhs.uk/participation
[@nhftparticipation](https://twitter.com/nhftparticipation)





iDISCOVER
#weareNHFT
www.nhft.nhs.uk/iDiscover

Please see below our Free, fun, and engaging courses/workshops

OCTOBER 2025

Click on this link - [NHFT iDiscover Courses](#) or alternatively on the links below for further information and to book your place

ACTIVITY	DATE	LOCATION	LINK
Make your own Calm Kit Workshop – for those aged between 12-16yrs: Join us for a fun and engaging journey to create your own calm kit and discover the tools to find a sense of peace when life is challenging			
	Wednesday 22 nd October 16:30 – 18:30	Kettering	NHFT iDiscover Courses 
Sleep Workshop – for those aged between 12-16yrs: Do you struggle with your sleep routine? Break the cycle? Join us for techniques to help you?			
	Tuesday 28 th October 14:00 – 16:00 (Half term week)	Wellingborough	NHFT iDiscover Courses 
CYP Recruitment Training – Parents/carers and professionals. The aim of this workshop is to train Parents/Carers to be part of a recruitment panel within Children & Young People's services at NHFT. Professionals as also welcome to attend if they would like to find out more about how YPPC get involved in the interview process that support your teams.			
	Tuesday 28 th October 10:00 – 11:00		NHFT iDiscover Courses 

CYP Recruitment Training – Young people – 13-25yrs The aim of this workshop is to train Young People to be part of a recruitment panel within Children & Young People's services at NHFT			
	Tuesday 28 th October 14:00 – 15:00 (Half term week)		NHFT iDiscover Courses 
One Page Profile – for Parents/Carers & Professional What is a one-page profile & why create one? Learn how a one-page profile can support your young person when engaging with organisations			
	Friday 31 st October 14:00 – 16:30	Kettering -	NHFT iDiscover Courses 

YOUTH ADVISORY BOARD

For ages 13-25

Your voice matters. Join the Youth Advisory Board and shape the future of healthcare.

Meet other young people and make a difference to yours and other's health and wellbeing.

nhft.nhs.uk/participation

SIGN UP →



Get in touch - Participation@nhft.nhs.uk
Follow us @Participation

TARGET

Targeting And Reducing Grooming, Exploitation and Trading of children and young people online

The TARGET project works with children and young people aged 8-25 years old to support with online safety, including:

- Online exploitation
- Social media
- How to keep yourself safe online
- Grooming
- Law and legislation
- Healthy and unhealthy relationships
- Gaming
- Wellbeing and any other concerns the young person might have


Support we offer:

- One-to-one support sessions – up to six weekly sessions
- Class workshops
- Group work sessions – up to 10 students per group for 4 weekly sessions
- Assemblies – from year 5 onwards.
- TARGET Champions – peer mentoring groups, teaching young people the skills they need to support others.

For more information or to make a referral contact us on:

referrals@servicesix.co.uk

01933 277520


Service Six