



Year 7 and 8 Weekly Timetable					
	Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Activity					
9.00am-10.00am	Maths	English	Science	Life skills	English
Recommended Activity (See below)					
11.00am-12.00pm	Science	MFL	Geography	Science	Maths
Break					
1.00pm-2.00pm	DT & Art	RE	English	Maths	History

Year 9 and 10 Weekly Timetable					
	Monday	Tuesday	Wednesday	Thursday	Friday
Suggested Activity					
9.00am-10.00am	Maths	English	Science	Life skills	English
Recommended Activity (See below)					
11.00am-12.00pm	Science	Option subject	Option subject	Science	Maths
Break					
1.00pm-2.00pm	Option Subject	Option subject	English	Maths	Option subject

Recommended Activities	
Reading	30 Minutes
Fitness challenges	30 Minutes (see attached)
Baking/Meal preparation	30 Minutes
Accelerated Reader	Complete quizzes (year 7/8 only)