

BTEC Level 3 National Extended Certificate in Sport

Pathway 2

Course description:

A qualification designed to provide specialist work related skills for the Sport Industry and University entrance.

Gives learners the knowledge, understanding and skills that they need to prepare them for employment or sports based degree.

The National Extended certificate provides equivalent UCAS points to 1 GCE A Level.

Qualifications required:

- In line with the entry requirements for a Pathway 2 subject.
- Merit in the online exam at BTEC level 2 Sport.

Aims of the course:

A broad basis of study for the sport sector and to support progression to higher education.

Future prospects:

This course provides currency for entry to a plethora of higher education courses.

Methods of Assessment

- External examination
- Externally assessed synoptic
- Internally assessed externally moderated coursework assignments
-

Subject Teachers:

Mr Hughes, Mr Folwell

BTEC Level 3 National Extended Certificate In Sport

Year 12 2 Units**Unit 1 – Anatomy and Physiology in Sport
(Mandatory)***Focus;*

Skeletal, Muscular, Cardio-vascular, Respiratory and Energy Systems and how they respond to exercise.

Assessed – External Examination 11/2 hrs

Unit 2 – Fitness training and programming for health, sport and wellbeing (Mandatory externally assessed synoptic)*Focus:*

Screening clients for lifestyle assessments and understanding training methods and programming.

Supporting improvements in the above

Year 13 2 Units**Unit 3 Professional Development in The Sports Industry
(Mandatory)**

Focus; 1 Knowledge and skills required for different career pathways in the sports industry.

Assessed – Internally through 4 assignments

Unit 5 Application Of Fitness testing

Focus; 1 Understanding the principles behind fitness testing.

2. Exploring fitness tests for different components of fitness. 3. Evaluation and feedback of fitness test results

Assessed – Internally through 2 assignments