

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cumberland	Chicken Tikka	Beef Lasagne	Roast Pork with	Crispy Fish Fingers
	Sausage	Masala		Sage & Onion	with Lemon
				Stuffing	Mayonnaise
Vegetarian	Cheese & Tomato	Quorn Chilli Tacos	Leek & Mushroom	Quorn Sausages in	Roasted
	Flatbread Pizza		Tagliatelle	Gravy	Vegetable
					Lasagne
Jacket Potato	Cheese & Beans	Tuna Mayonnaise	Coleslaw	Cheese & Beans	Garlic mushrooms
Starch Item	Mashed Potato	Brown Rice	Spicy Potato	Roast Potatoes	Chips
			Wedges		
Vegetable Option	Carrots &	Green Beans &	Peas & Sweetcorn	Broccoli &Carrots	Mushy Peas &
	Sweetcorn	Peas			Baked Beans
Salad	Seasonal	Seasonal	Seasonal	Seasonal	Seasonal
Hot Snack	Quorn & Tikka	Cheese & Tomato	Chicken Pocket	BBQ Chicken	Bacon & Cheese
	Wrap	Baguette	Pitta	Wrap	Baguette
Dessert Option 1	Apple & Sultana	Lemon Drizzle	Cocoa Sponge &	Strawberry	Cookie
	Crumble with	Cake	Custard	Cheesecake	
	Custard				
Dessert Option 2	Fruit Salad &	Fresh Grapes with	Mixed Dried Fruit	Peaches & Yogurt	Pineapple Pieces
	Frozen Yogurt	Yogurt	with Yogurt		& Yogurt

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