



Surviving the Exam Season – a session for parents, carers and their students

**Wednesday 29th March 2017 6.30pm – 7:30pm at
Sir Christopher Hatton Academy**

We all want our young people to be the best that they can be - and making the most of the exam season is a very important part of that. We know this can be a tough time of year - and not just for the students - so we would like to invite Year 11 & Year 13 parents and carers to an informative and practical session which will cover the following topics:

- How to sustain a positive working environment through the pre-exam and exam period
- Supporting your child with revision strategies
- Recognising the signs and symptoms of stress in your child and how to support them
- Signposting for support

***We welcome students to come along with their parents
to the event to learn together.***

If you would like to attend please email Mr Plant (Director of Year 11) on planta@hattonacademy.org.uk with your name; your child's name and the number of spaces you would like, or ring Mrs K Gunn (Senior Assistant Principal) on 01933 231229 to reserve your places by **Friday 24th March**